HOLIDAY TRADITIONS

Re-envision your 2020 Holiday Season with new traditions!



GRATITUDE JAR

Find a small containere that you and your family can write notes of gratitude during a year where it can be hard to find. Open the jar during the next holiday season and remember the good times.

BOARD GAMES

Pick an easy to play game using cards or scrabble tiles and have a holiday champion. This will be an exciting acrtivity where each year someone neew can take the championship. Have kids make a trophy for display.



FAMILY INTERVIEWS

Pick one person in the family to do an in depth interview that can be saved for

future generations to watch during each holiday season. Click <u>HERE</u> for a

form to use for interviewing children.





Sending real holiday cards to people costs money and besides, who has stamps nowadays? Change it up and do a video holiday greeting that you can email out to friends and family.

Having a theme to go along with the video can keep it fresh year after year. (e.g. Ugly sweaters, Pajamas, Star Wars, etc.)

STORY CHARADES

Take turns attempting to act out a story without using any words. Play in teams and see who can guess the most. This can be fun with themes such as Disney Movies or Children's Books.



HOMEMADE HOT CHOCOLATE

A fun tradition for kids or adults is to make your own hot chocolate or apple cider. This will also be a great addition to future holiday parties and don't forget the mini marshmallows.





FAMILY COOKBOOK

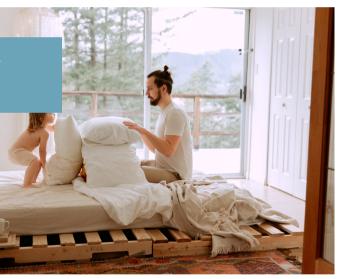
Cooking can be intimidating if it isn't part of your normal routine. Now is the time not only to learn, but to put your learnings into a book that you can add to each year with new recipe ideas.

This can range from picking your favorite holiday recipes or a collection of recipes you come up with each year. For extra fun, include all of the disastrous ones as well to show growth over the years.

INDOOR CAMPOUT

Bring out your inner-child buy making a pillow and blanket fort to sleep in on New Year's Eve. Just make sure to move to your bed once the kids are asleep so you don't wake up with a bad back!

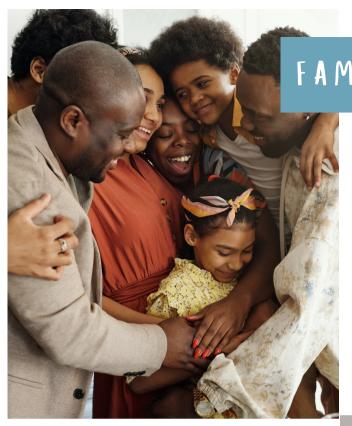
· I love you



NEIGHBOR NOTES

During a time where we are isolating away from others, many people are striving for connection. Make handmade notes to leave in your neighbors mailbox or front door. A simple note of appreciation can go a long way during this time.





FAMILY GOAL SETTING

Many people think individually when coming up with new goals for the year, but an impactful twist can be to create family goals.

You can think about some of the challenges you've been facing as a family or something you have always wanted to attempt together.

Click <u>HERE</u> to see example questions and goals.

FAMILY TIME CAPSULE

Choose a container to act as your capsule and a place to store it for I year. Collect memories and treasures as a family to put inside.

Click HERE for a quick guide.



F

FAMILY SHOW & TELL

Every member of the family picks one item to represent a memory of this past year that impacted them in a way they weren't expecting. Sharing these memories help to keep them within the family for years to come.

